



NLP DIPLOMA COURSE

This course is internationally approved from the prestigious **American Board of NLP (ABNLP)**, ensuring credibility and global recognition and conducted by International NLP Trainer Ms. Jumana Parveen.

- ✓ 10 Hours Live Online course
- ✓ Internationally recognised
- ✓ Experiential learning
- ✓ Community support
- ✓ Extra bonuses for continuous learning even after the completion of the course



Jumana Parveen
International Trainer of NLP
(ABNLP & ANLP International CIC UK)



About the course



The NLP Diploma Course is a comprehensive 10 hrs certification program offered by SK Consultancy & Jumana Transformational Consulting and facilitated by esteemed International NLP Trainer Ms. Jumana Parveen.

The primary aim of the NLP Diploma Course is to empower individuals with the foundational principles and techniques of NLP. Through a blend of theory and hands-on exercises, attendees cultivate a deeper understanding of themselves and others, paving the way for enhanced relationships, heightened self-awareness, and accelerated personal development.

By providing a comprehensive overview of NLP principles and techniques, the course empowers individuals to unlock their full potential, cultivate meaningful relationships, and embark on a path of self-discovery and growth.

With its unwavering commitment to spreading the benefits of NLP to a wider audience, the course stands as a testament to the power of knowledge and the potential for positive change.



Why you should learn NLP with us?



- ✔ **Internationally Accredited & Recognised Institute:** SK Consultancy & Jumana Transformational Consulting is internationally accredited & recognised institute from the top bodies of NLP like American Board of NLP (ABNLP) & Association of Neuro Linguistic Programming CIC UK (ANLP).
- ✔ **Expertise:** SK Consultancy is known for its expertise in NLP, offering comprehensive training programs designed by experienced professionals in the field.
- ✔ **Practical Approach:** The training provided by SKC & JTC focuses on practical applications of NLP techniques, ensuring that you can apply what you learn in real-life situations.
- ✔ **Proven Track Record:** SK Consultancy has a track record of successful NLP training programs with satisfied clients and positive testimonials, indicating the effectiveness of their approach.
- ✔ **Continuous Support:** SKC & JTC provides ongoing support and resources even after the training program is completed, helping you stay updated with the latest developments in NLP.

What will you learn?



Boost your confidence instantly



Maintain positive mindset



Effective Communication



Set positive outcomes



Creative Thinking

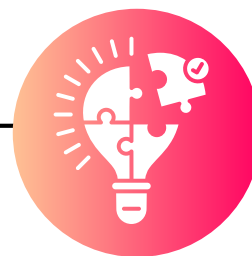


Raise your Self-Esteem



Enhanced Communication skills

NLP teaches effective communication techniques that can help you better understand and connect with others. This includes techniques for building rapport, active listening, and understanding non-verbal cues.



Problem-solving and Decision-making

NLP provides frameworks for effective problem-solving and decision-making, enabling individuals to analyze situations more objectively and make better choices.



Stress Reduction

NLP offers techniques for managing stress and anxiety, such as anchoring, reframing, and visualization. By learning how to control your thoughts and emotions, you can reduce stress and improve your overall well-being.



Effective Goal setting

NLP offers powerful techniques for setting and achieving goals. By learning how to create clear, compelling goals and develop effective strategies for achieving them, you can increase your motivation and success.



What is NLP?

“ Neuro-Linguistic Programming (NLP) is a methodology that aims to understand and change human behavior patterns. It was developed in the 1970s by Richard Bandler and John Grinder.

The foundational idea behind NLP is that there is a connection between neurological processes (neuro), language (linguistic), and behavioral patterns learned through experience (programming).

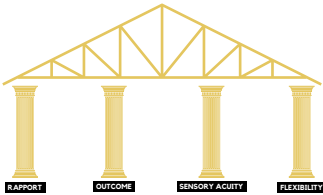
NLP suggests that by understanding and modifying the way an individual's mind processes information, communicates internally and externally, and forms behaviors and habits, one can achieve specific goals and improve interactions with others.

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Foundations of NLP

We'll delve into the core principles and techniques of NLP, exploring topics such as understanding the connection between language, behavior, and thought patterns.



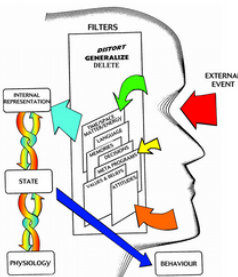
Four Pillars of NLP

The Four pillars of NLP are Outcome, Rapport, Sensory Acuity and Behavioural Flexibility. These pillars form the foundation of NLP, empowering us to enhance our communication, personal development, and relationships.



Levels of Learning

The levels of learning provide a framework for understanding the progression of skill development in NLP, from initial unawareness to automatic application.



NLP Communication Model

It is a framework that explains how human perception and communication work. It is based on the idea that our subjective experiences are constructed from sensory input and then filtered and processed through our neurology.



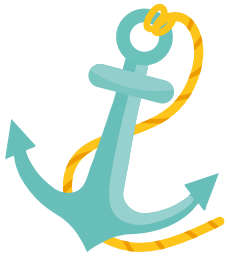
Representational System

Representational systems refer to the sensory modalities through which people perceive and interpret the world around them. NLP suggests that individuals primarily use one or more of their sensory modalities to process information, make decisions, and communicate with others.



NLP Goal - Setting Process

NLP Goal - Setting process is a set of conditions to run your goal through. If the goal passes through these conditions then it is said to be well-formed and has got the higher chance of materializing.



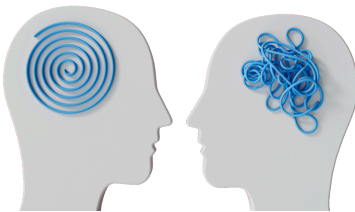
NLP Anchoring

It refers to the process of associating a particular stimulus or trigger with a specific emotional state or physiological response. The concept is based on the idea that experiences and emotions can be anchored to certain cues, such as a touch, a sound, a word, or a visual image.



Submodalities

Submodalities refer to the coding of our senses. We can change the structure of our thoughts by changing the submodalities. It's the finer details of your senses.



NLP Rapport

Rapport building is a fundamental aspect of NLP, focusing on establishing a sense of trust, understanding, and mutual respect between people.



Wheel of Life

The "Wheel of Life" is a tool used for personal development and goal setting. It's a visual representation of various areas or dimensions of one's life that contribute to overall well-being and satisfaction.



Sample Certificate




SK Consultancy & Jumana Transformational Consulting
hereby certifies that

has completed online NLP Diploma certification training and has demonstrated a degree of skill and competence required to merit this certificate. SK Consultancy & Jumana Transformational Consulting confer upon the holder of this certificate, the right and title of

DIPLOMA IN NEURO LINGUISTIC PROGRAMMING

with all the rights and privileges ensuing therefrom. In witness thereof the following has affixed the signature hereto this on

Jumana Parveen
International Trainer of NLP
(ABNLP & ANLP International CIC)


Certificate Number: SKC - D - 000

Note: This course is approved by the prestigious American Board of NLP.





JUMANA PARVEEN

- ✦ International NLP Trainer
- ✦ IT Management Consultant & Trainer
- ✦ Life & Leadership Coach
- ✦ Corporate Facilitator

Jumana Parveen is a professional with a deep passion for working with people. She is an expert in driving technology-driven change, human transformation strategies, and international projects. Raised in Dubai, which she calls her first home, she has been living in the UAE since the 1980s.

With 20+ years of experience as an IT Management Consultant, NLP Business Coach, and Corporate Facilitator, Jumana is specialized in helping professionals unlock their potential, help with their limiting beliefs and empower them to lead their life with confidence in the VUCA (Volatile, Uncertain, Complex and Ambiguous) world.

Jumana started her career with a B. Tech in Computer Science Engineering and an MBA before pivoting to a people-focused career in Organizational Change and Transformational Leadership, with experience in the Middle East (Dubai, Abu Dhabi, and Saudi Arabia). Over the past 24 years, she has held a broad spectrum of strategic, tactical, and operational roles across major sectors, including Airlines, Oil & Gas, Nuclear, Automotive, Digital, and Healthcare.

Jumana was naturally drawn to the world of Transformational Coaching due to her lifelong quest for personal growth, human excellence, and conscious awakening. In 2019, she launched her brand, Jumana Transformational Consulting, where she offers a range of life skills and behavioural change strategies to help clients become the best versions of themselves.

She is currently the Managing Director of SK Consultancy, a leading training and coaching organization based in Goa, India, where she also co-trains in NLP with her business partner. In addition, she independently runs training programs in IT & Digital, as well as Management & Leadership.

Jumana holds numerous industry accreditations, including PROSCI Change Management Practitioner (Gold Standard in Change Management), ICF Accredited Coach, Intelligent Leadership Executive Coach, NLP Trainer (approved by ABNLP & ANLP International CIC, UK) and NLP Business Coach (ANLP International CIC, UK), among many other industry specific certifications.

With Maximiser as her top strength, she is dedicated to transforming the substantial into the superb. A consistent seeker of knowledge, she continues learning from industry legends to maximize her value to her clients.

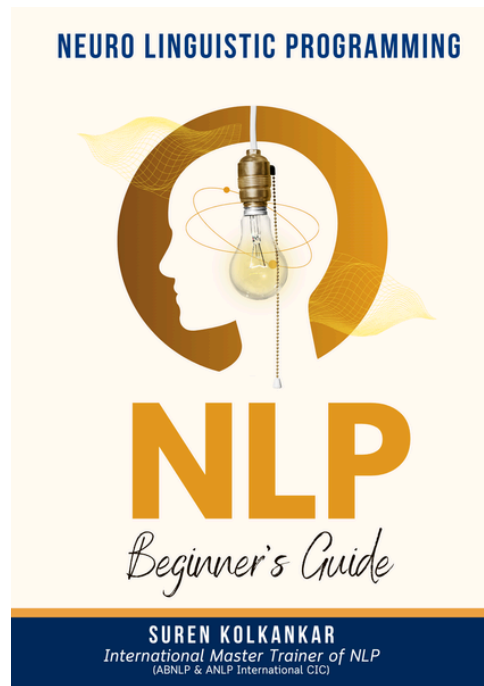


Bonuses



BONUS 1

Complimentary NLP Beginner's Guide eBook



BONUS 2

30-day access to the session recordings



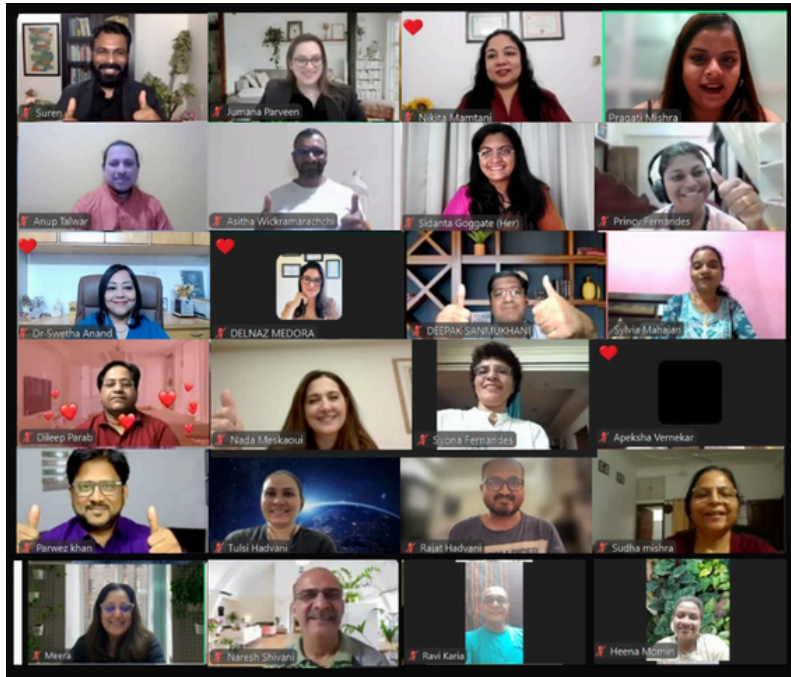


Bonuses



BONUS 3

FREE access to our two live monthly practice sessions



BONUS 4

Be SKC & JTC Alumni





Fee Structure & Schedule



19th - 23rd May 2025



7:30 PM - 9:30 PM IST

EARLY BIRD

30th April 2025

- ✓ Ten hours Live sessions (online)
- ✓ ABNLP Approved Training
- ✓ International Certification
- ✓ Includes all four bonuses

Rs. 10,000

STANDARD FEE

19th May 2025

- ✓ Ten hours Live sessions (online)
- ✓ ABNLP Approved Training
- ✓ International Certification
- ✓ Includes all four bonuses

Rs. 15,000

Program policy

Group Discounts: We offer special group discounts for organizations or groups registering multiple participants. Please connect with our team for more details and customized pricing options.

Registration Policy: Once registration is completed, the amount paid is non-refundable. In the event of unforeseen circumstances preventing attendance, participants may request to reschedule their workshop attendance. Rescheduling requests must be made in writing and communicated to us before the start of the workshop.



About Us



At SK Consultancy, we believe in the power of human-centered leadership, recognizing that every individual holds immense untapped potential waiting to be discovered.

Founded in 2015 by Mr. Suren Kolkankar, India's 1st Indian Master Trainer of NLP (ABNLP) and CEO of SK Consultancy, our mission is to empower individuals and organizations to achieve holistic growth and self-actualization. In 2022, Ms. Jumana Parveen joined as Managing Director, bringing with her over two decades of leadership experience in transformation, strategy, and human development to further amplify our impact across India and the Middle East.

Whether you're on a personal growth journey or looking to empower your team in a corporate setting, we offer customized solutions designed to transform mindsets, enhance leadership, and drive lasting success.

At SK Consultancy, we equip you with powerful tools to lead a purposeful, fulfilling life, where every challenge is an opportunity for growth.



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