





TTFT

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A Comprehensive Training Program for Group Facilitators

 **10th - 11th February 2025**

 **Goa**

-  Interactive Sessions
-  20 Curated Activities
-  NLP Applied Activities
-  Experienced Team

Facilitator:

Mr. Anup Talwar

International Trainer - Neuro Linguistic
Programming (ABNLP) Master Facilitator
I Psychologist I Chartered Engineer I
Master Coach

About the course

Train The Facilitative Trainer (TTFT) is an immersive two-day program designed to equip individuals with the knowledge, skills, and techniques necessary to excel as facilitative trainers. Building upon the success of our previous program, TTFT offers an expanded curriculum that delves deeper into the art and science of facilitation.

TTFT is structured as a dynamic blend of theory, hands-on activities, group discussions, and practical exercises. Each day is meticulously crafted to build upon the previous day's learning, culminating in a comprehensive understanding of facilitative training principles and techniques.

If you're already a trainer, facilitator, educator or the one who work with diverse groups - this program will provide you with a multidimensional toolkit to elevate your sessions to new heights.

Enhance your repertoire with a diverse range of activities that will make your sessions more meaningful, engaging, and memorable, ultimately leading to greater client satisfaction and increased opportunities for repeat business.

What will you learn?



Ice Breakers

Kickstart your sessions with activities designed to break down barriers, foster connections, and create a positive atmosphere for learning and collaboration.



Trust Activities

Build trust and strengthen relationships among your group members through experiential activities that promote teamwork, communication, and mutual support.



De-Inhibitizers & Energizers

Inject energy and enthusiasm into your training sessions with interactive exercises that encourage participation, boost morale, and reinvigorate your participants.



Communication Activities

Enhance communication skills and foster effective dialogue within your group with engaging exercises that encourage active listening, empathy, and clear expression of ideas.



Decision Making/ Problem Solving Activities

Develop critical thinking and problem-solving abilities among your participants with hands-on activities that challenge them to think creatively, analyze situations, and make informed decisions.



Non-Threatening Inclusion Activities

Create a welcoming and inclusive environment for all participants with activities that celebrate diversity, encourage open-mindedness, and promote a sense of belonging for everyone.



Social Responsibility Activities

Cultivate a sense of social awareness and responsibility within your group through activities that promote empathy, compassion, and community engagement.



Personal Responsibility Activities

Empower individuals to take ownership of their actions and decisions with activities that foster self-awareness, accountability, and personal growth.

What will you learn?



Designing Activities and Training Programs

Participants will learn the fundamentals of designing purposeful activities and comprehensive training programs tailored to meet specific learning objectives.



Curating Experiences vs. Conducting Activities

Understanding the distinction between facilitating simple activities and curating transformative experiences is crucial. Participants will explore the mindset and techniques required to create immersive learning environments that resonate with participants.



NLP Frames for Immersive Training Programs

Learn how to incorporate NLP frames into training programs to create immersive experiences that captivate participants and enhance learning retention.



Neurological Levels Debriefing

Participants will learn how to apply neurological levels to debrief activities effectively, fostering deeper reflection and personal insight among participants.



Frontloading the Experience

The concept of frontloading will be explored, allowing facilitators to prepare participants for optimal engagement and learning outcomes prior to the start of an activity or session.



Embedded Commands for Client Retention

Explore the subtle yet powerful technique of using embedded commands to influence participant behavior and enhance client retention.



Intervention Strategies

Participants will acquire strategies for effective intervention during activities, enabling them to address challenges, guide discussions, and maximize learning opportunities.



Utilizing NLP Concepts

Neuro-Linguistic Programming (NLP) concepts will be introduced to enhance communication, build rapport, and facilitate behavioral change during training sessions.

About the Trainer



ANUP TALWAR

Mr. Anup Talwar, also known as Happy Anup, is a distinguished professional with over 25 years of global experience in enhancing human effectiveness. For the past four years, he has been associated with S K Consultancy. Renowned for his infectious positivity, Happy Anup boasts impressive credentials: Chartered Electrical Engineer, MBA in HR, and MA in Psychology, along with several postgraduate diplomas.

An internationally recognized NLP trainer certified by the American Board of NLP, Treacle Academy (UK), and the International NLP Trainers Association, Happy Anup is also an advanced analyst and administrator certified in psychometric profiling tools like Extended DISC. Additionally, he is a Mind Mapping expert, Laughter Yoga Leader, and has completed advanced mountaineering courses.

Happy Anup excels in making learning engaging and motivating through experiential education, corporate training, and building high-performance teams. He has led leadership training for senior teams in IT and engineering firms, NGOs, and global youth groups.

A true innovator, he curated the “Highway Classrooms”—a high-altitude retreat in Ladakh. This program, designed with principles of human psychology and applied NLP, combines bike rides with reflective journaling to help senior managers find deeper meaning in their experiences. This September marks the 18th edition of Highway Classrooms.

He is the proud recipient of the Rashtriya Vikas Ratna award (2013) by the Economic Growth Society of India. As the founder of S-CUBES & A.F.P.P., Happy Anup is dedicated to holistic well-being, focusing on positive emotions, meaningful relationships, and enhancing participant effectiveness. With over 10,000 hours of field experience, he is a keen student of linguistics and an avid follower of Sri Sri Ravi Shankar Ji, practicing yoga and meditation. Believing that the purpose of life is to spread joy, Happy Anup aims to inspire a million smiles every day.

Happy Anup eagerly awaits sharing a million smiles with you at the TTFT program in Goa.

Who should Attend?

TTFT is ideal for professionals, educators, trainers, and anyone passionate about facilitating meaningful learning experiences.

Whether you're new to facilitation or seeking to enhance your existing skills, TTFT offers valuable insights and practical tools to take your facilitation abilities to the next level.

Train The Facilitative Trainer (TTFT) promises to be a transformative journey for all participants, equipping them with the knowledge, skills, and confidence to excel as facilitative trainers.

Sample Certificate



Enrollment Process

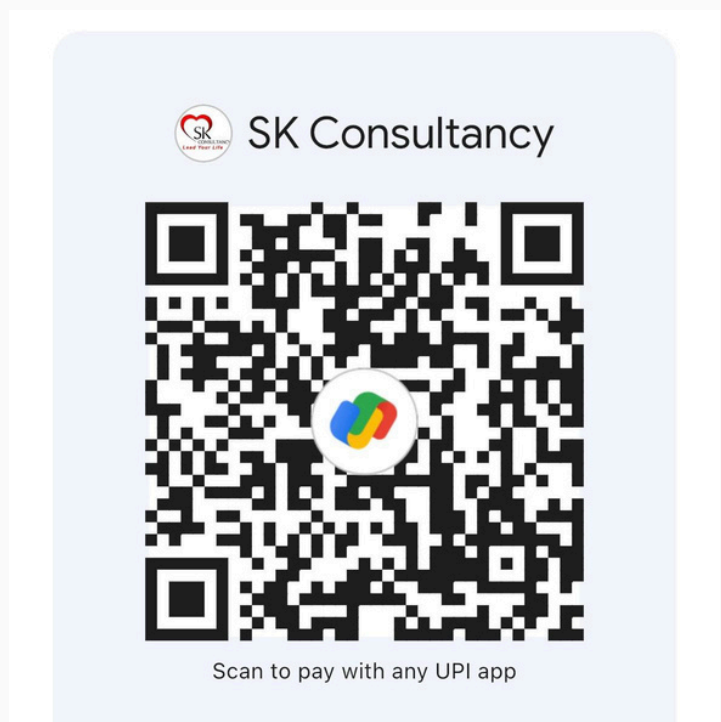
Fees: INR 30,000/-

Introductory Offer: **INR 14,999/-**

(For registrations before 20th January 2025)

To enrol yourself for TTFT Program simply scan the below QR Code or make the payment using the bank details mentioned below :

QR Code



Bank details



Company: Suren Kolkankar Consultancy LLP

Bank: HDFC Bank

Account Number: 50200087132723

Branch: Aquem, Margaon - Goa

IFSC Code: HDFC0000370

Course Includes: Lunch & two time high tea, Course workbook and Certificate of participation.

Registration Policy: Once registration is completed, the amount paid is non-refundable.

In the event of unforeseen circumstances preventing attendance, participants may request to reschedule their workshop attendance. Rescheduling requests must be made in writing and communicated to us before the start of the workshop.

About SK Consultancy

At SK Consultancy, we believe in the power of human-centered leadership, recognizing that every person possesses untapped resources waiting to be unleashed.

Established in 2015 by Mr. Suren Kolkankar, a visionary Neurolinguistic Programming (NLP) Expert and Motivational Speaker, SK Consultancy is dedicated to guiding individuals towards holistic growth and self-actualization.

Whether you seek to enhance your personal growth journey or empower your team within a corporate setting, we offer tailor-made solutions to suit your needs.

At SK Consultancy, we equip you with the magical tools needed to lead a purposeful, joyous life, where every challenge becomes an opportunity for growth. Join us on this transformative expedition and unleash the boundless potential that resides within you.



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