

PAWVG

P - PURPOSEFUL
A - ACTIVITIES
W - WITH
G - GROUPS

A Comprehensive Training Program for Group Facilitators



04th & 05th May 2024



SK Consultancy Headquarters, Goa

- ✓ Interactive Sessions
- ✓ 20 Curated Activities
- ✓ NLP Applied Activities
- ✓ Experienced Trainers



Anup Talwar

*Corporate Trainer
International NLP Trainer
(INLPTA & Treacle Academy UK)*

About the course

Purposeful Activities With Groups (PAWG) is an immersive 2-day Neuro-Linguistic Programming based training program designed to equip you with a dynamic toolkit of activities for both indoor and outdoor settings.

Whether you're a seasoned facilitator or just starting out, this program is tailored to enhance your ability to lead impactful sessions that inspire, engage, and transform.

Our training program is meticulously crafted to include activities suitable for every stage of your session, ensuring maximum engagement and impact throughout the day.

With activities strategically woven throughout your program, you'll create a dynamic and engaging learning experience that resonates with participants long after the session ends.

What will you learn?



Ice Breakers

Kickstart your sessions with activities designed to break down barriers, foster connections, and create a positive atmosphere for learning and collaboration.



Trust Activities

Build trust and strengthen relationships among your group members through experiential activities that promote teamwork, communication, and mutual support.



De-Inhibitizers & Energizers

Inject energy and enthusiasm into your training sessions with interactive exercises that encourage participation, boost morale, and reinvigorate your participants.



Communication Activities

Enhance communication skills and foster effective dialogue within your group with engaging exercises that encourage active listening, empathy, and clear expression of ideas.



Decision Making/ Problem Solving Activities

Develop critical thinking and problem-solving abilities among your participants with hands-on activities that challenge them to think creatively, analyze situations, and make informed decisions.



Non-Threatening Inclusion Activities

Create a welcoming and inclusive environment for all participants with activities that celebrate diversity, encourage open-mindedness, and promote a sense of belonging for everyone.



Social Responsibility Activities

Cultivate a sense of social awareness and responsibility within your group through activities that promote empathy, compassion, and community engagement.



Personal Responsibility Activities

Empower individuals to take ownership of their actions and decisions with activities that foster self-awareness, accountability, and personal growth.

About the Trainer



ANUP TALWAR

Anup Talwar is a highly accomplished individual with a diverse range of skills and achievements. He is a Chartered Engineer with expertise in Electrical engineering, and he holds an M.B.A. with a specialization in Human Resources.

Anup is also an International NLP (Neuro-Linguistic Programming) Trainer certified by ABNLP (American Board of NLP), INLPTA UK, Treacle Academy UK & SK Consultancy.

One of his notable accolades is the "Rashtriya Vikas Ratna" award received in 2013, recognizing his significant contributions to national development. He is a Certified Experiential Educator with a diploma in Experiential Education & Practice from the University of Pune, adhering to the guidelines and criteria issued by the Government of Maharashtra for outdoor education and experiential learning.

His expertise also extends to conducting Experiential Indoor and Outbound Training Programs, where he serves as a leading facilitator and process expert. Through his vast array of skills and experiences, Anup Talwar plays a significant role in inspiring personal and professional growth, fostering positive learning experiences, and promoting overall well-being.

With over 24 years of experience, he has facilitated Adventure & Outdoor Learning Programs, accumulating more than 10,000 hours of field experience.

Who can attend?

Trainers, Facilitators, Educators or those who work with diverse groups.

This program will provide you with a multidimensional toolkit to elevate your sessions to new heights.



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